

Should Men Wear Wrist Watches?

CURTAIN'S down on the wrist watch question, and the new one is at hand. It's a humdrum and one that can be asked without hurting anyone's feelings. Lately we've been in the middle of a horrace. Everybody who gets knocked by a fan—be it hand, broom, wrist-watcher or nail-bite—has been in the middle of a horrace. Everybody who gets knocked by a fan—be it hand, broom, wrist-watcher or nail-bite—has been in the middle of a horrace. Everybody who gets knocked by a fan—be it hand, broom, wrist-watcher or nail-bite—has been in the middle of a horrace.

Tobacco Habit Dangerous

Dr. C. C. Conner, formerly of Johns Hopkins hospital, says that thousands of men are suffering from fatal diseases who are in perfect health today were it not for the deadly drug nicotine. The habit now before it is too late. It's a simple process to rid yourself of the tobacco habit in any form. Just go to any up-to-date drug store and get some Nicotol tablets; take them as directed and let the pernicious habit quickly vanish. Crucially, refund the money if they fail. Be sure to read large and interesting announcement by Doctor Conner soon to appear in this paper. It talks of the danger of nicotine poisoning and how to avoid it. In the meantime try Nicotol tablets; you will be surprised at the result.—Adv.

ITCH!
Money back without question if you are not cured of ITCH, ECZEMA, RINGWORM, WITTELDER, or other itching skin diseases. From the best drug store, or direct from A. E. Roberts, 1000 N. 10th St., El Paso, Tex.



BIG FLUFFY WHITE GRAINS

Comet White Rice

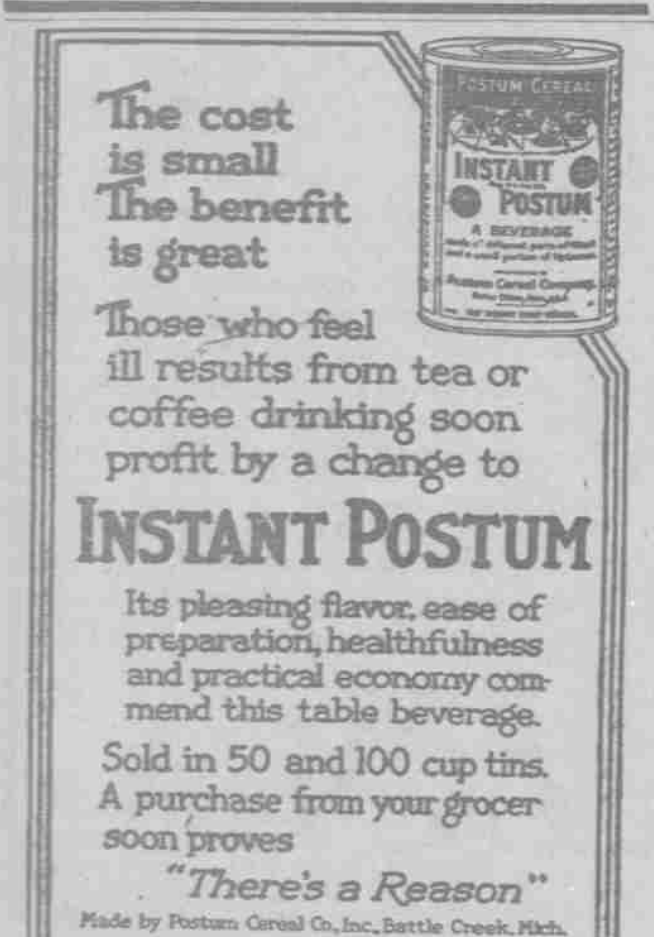
A Delicious Cereal
HEAT 5 cups water, with a pinch of salt, in large saucepan. When boiling, sprinkle in 1 cup Comet Rice, slowly. Boil 3 minutes and drain. Put in double boiler, with 3 cups milk. Steam until rice has absorbed the milk, and is tender. Serve with sugar and cream—a little nutmeg if desired.

Rice for Breakfast—Try It

THIS flavor-holding way of cooking Comet Rice makes a delicious cereal dish that will take the house by storm. Big, flaky, savory, white rice—each grain appetizingly perfect. No wonder you're eager to attack it.

Get a package of Comet Rice today from your grocer. The sealed, sanitary cartons keep the grains unbroken and clean. Try this cereal recipe tomorrow.

Comet White Rice
Uncoated
From the SEABOARD RICE MILLING COMPANY
Galveston, Texas New York City



**The cost is small
The benefit is great**

Those who feel ill results from tea or coffee drinking soon profit by a change to **INSTANT POSTUM**

Its pleasing flavor, ease of preparation, healthfulness and practical economy commend this table beverage.

Sold in 50 and 100 cup tins. A purchase from your grocer soon proves

"There's a Reason"
Made by Postum Cereal Co., Inc., Battle Creek, Mich.

Young Fingernails

By EDNA KENT FORBES

If you will notice the hands of the women you know, you will find that when they begin to age the first thing that shows the years is the nails. Consequently, if you are no older than 22 or 23, you should still take great pains about your nails and keep them looking young as long as possible.

The nails need stimulation just like any other part of the body. One way to get it is to give them a thorough buffing every day, for this stimulates them by drawing the blood to them. And another way, perhaps the best way of all, is to give them plenty of cold cream or oil, for this will do a great deal in preventing ridges and dry, irregular, old looking nails. A certain amount of water is good for the nails and stimulates the growth. You go in swimming very much you will notice how much more rapidly your nails grow than they did before you swam with any regularity.



Use Cold Cream on the Nails.

The nails respond very satisfactorily to good care. I remember the case of one woman who had done the hardest sort of work for years and whose nails were old, dry, cracked, and full of ridges. She gave them the most careful care of her nails. She had them manicured every week and every night she rubbed them with cold cream. Whenever practical during the day she rubbed cream or oil into them. Every day, also, she polished them very carefully with the nail buffer. The result was that in less than a year her nails were almost smooth and very much better in shape, and her hands looked 20 years younger.

HOROSCOPE
SATURDAY, SEPTEMBER 25, 1920.
THIS is a variable and uncertain day, according to astrology. While Saturn, Uranus and Jupiter are all adverse, Mercury alone is in benefic aspect.

During this way there may be a tendency to take a most pessimistic view of the future of the world and for this reason nothing that is projected during this configuration is likely to succeed.

There is a sign read as presaging a gloomy view concerning business conditions, but this is due to the power of sinister suggestions which is strong when Uranus is in evil aspect.

Saturn seems to be unfavorable to real estate transactions and to mining operations today.

It is not a fortunate way under which to take initiative of any sort, especially where buying and selling are involved.

Business are now subject to a rule that may cause them to be extremely careful since it imparts to their misgivings and suspicion regarding world conditions.

This is a day of promise to writers especially those connected with the press which should benefit greatly.

The signing of contracts of any sort should be lucky under this direction of the stars, which is fortunate for real estate deals.

Loans or mortgages bearing this date should be lucky as the rule is believed to make for harmony and prosperity.

Messages between men of high estate or between governments are especially well directed by the stars today. Brevets, diplomas and foreign representatives of every rank should benefit.

Advancement in the method of transmitting mail is prophesied as one of the reforms of the future when letters will be superseded by quicker modes of communication.

Many weddings are foreshadowed for the winter, when there will be one in Europe of special interest to Americans.

Persons whose birthdate it is should pass a quiet year in which they should attend strictly to established business of the future when letters will be superseded by quicker modes of communication.

Children born on this day may be restless and unsettled, but gifted and endowed with charm of personality.

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A LADY'S WRIST WATCH FOR

\$14.75

Regular \$25.00 Value

Guaranteed Gold Filled 20 year Case

15 Ruby Jewel Movement



COME in early Saturday morning and make your selection. Our offer on these watches is a rare one, and every woman in El Paso who desires a wrist watch should take advantage of it.

Saturday Only

You will find our establishment filled with high class jewelry, silverware and cut glass.

A. D. FOSTER CO.

26 Years of Reliable Service in El Paso
Herald Building

ANSWERS TO PAINT QUESTIONS

Look about you in your home. See those rough spots—that marred chair—the dull linoleum? Notice the worn appearance of your woodwork—your stove—your refrigerator? Do you know the kind of finish that will bring the newness back? We do! Let us help you out. Why not change the color scheme?



Use Jap-a-lac For
—all ordinary household purposes. No mixing to be done just open the can and apply it. Comes in clear varnish, enamel or stains. Many shades—handy-size cans.

Let Us Take Care of Your Wants—Big or Small

Endurance House Paint
Porch and Floor Paint
Barn Paint
Flat Wall Finishes
Concrete Floor Dressing
Liquid Cement Coating
Day Life Mill White

Auto Finishes
Mops and Dusters
Jap-a-lac
Cold Water Paint
Insecticides
Painters' Supplies



PAINT YOUR CAR TODAY—

Drive It in 48 Hours

One quart of Glidden Auto Finishes will do it. Spreads easily—dries quickly—an easy job to do. Saves \$50 to \$75. Comes in black, red, blue, gray, yellow, brewster green, cream and white.

ENDURANCE HOUSE PAINTS

Every Gallon Guaranteed

Bank on Glidden to produce good house paints. They're made to wear—for economy in the long run—and to suit the peculiarities of the local climate. Will hold their colors. Painters know why Glidden outwears the average. Specify it and be sure.



Need Enamels?

We Have Them

Jap-a-lac Enamels are for the "handy man about the house". Glidden Veil White—Is for dull, soot effects—a seven-coat result with four coats. Use Superior White for the glossy effects.



Wall Finish You Can Wash

Beautifies and protects. For plaster, wood, cloth, wallboard or metal. Very sanitary—holds its color. Fourteen delicate shades and white. Come in.

THE GLIDDEN STORES CO.
418 Mesa Ave., Next to City Waterworks Office, Phone 3080.
Gunning & Casteel Drug Co., 3600 Hueco Street, Phone 5350.

GLIDDEN
PAINTS - VARNISHES - COLORS - INSECTICIDES

FEELING BLUE ALL THE TIME

Before Taking Cardui, This Georgia Lady Suffered Until She Would Have to Sit Down to Do Housework. Was Dizzy and Weak.

Dalton, Ga.—Mrs. V. A. Burgett, of Route 4, says: "I got down with my back and sides, not able to do my work. I suffered a great deal. I had a depressed, blue feeling all the time. I couldn't rest at night. I was nervous. I would be dizzy and just no account at all. I would have to sit down while trying to do the housework. It seemed I couldn't get my breath. I was afraid I would get past going altogether."

"I heard of Cardui and began using it. I could see after a half bottle it was helping me, so I kept it up.... and soon I was like a new person. I knew Cardui did the work, for no other medicine I took ever helped me as it did. I certainly can recommend.... Cardui."

"This well-known medicine, which Mrs. Burgett says helped her, is a mild, medicinal, purely vegetable tonic, for over 40 years used by thousands of women with similar results to those which this Georgia lady obtained."

Cardui should help you, too. Try it. —Adv.

Many secrets you will find revealed in the green box of **Nadine Face Powder**. They are secrets which every woman would solve—secrets of personal charm. The secret of a rose-petal complexion—NADINE'S gift to women.

The secret of lasting charm—charm which endures throughout the day. The secret of skin-softness—softness with never a hint of harm. To you, as to a million others, NADINE will reveal these intimate secrets.

You can procure NADINE from your favorite toilet counter or by mail—free.

NATIONAL TOILET CO.,
Paris, Tenn., U. S. A.



Poor Woman Makes Sacrifice

"For years I have suffered from indigestion and severe bloating with gas, all my money had gone for doctors and medicine which did me no good. I had lost all faith in medicines when I have to work hard for the few dollars I earn, was afraid to risk any more money. A year ago my neighbor told me to try May's Wonderful Remedy. I have found it to be the best medicine in the world and am glad I made the sacrifice." It is a simple, harmless preparation that removes the intestinal mucus from the intestinal tract and stops the fermentation which causes practically all stomach, liver and intestinal ailments, including appendicitis. One dose will relieve or money refunded. At all drug stores—adv.

To abort a cold and prevent complications, take

Calotabs

The purified and refined calomet tablets that are nausealess, safe and sure. Medicinal virtues retained and improved. Sold only in sealed packages. Price 35c.

ECZEMA!
Money back without question if you are not cured of ITCH, ECZEMA, RINGWORM, WITTELDER, or other itching skin diseases. From the best drug store, or direct from A. E. Roberts, 1000 N. 10th St., El Paso, Tex.